

Film Tube Foreskin Restoration Method (Pill Tube / ABS Pipe / Etc...)

Type: Tape. Self-contained or augmented by a tensioning strap, Non-Metallic

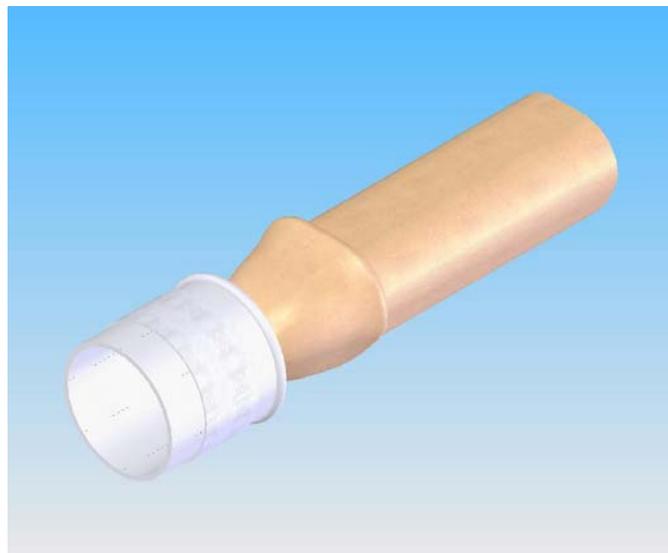
Focus: 50% Inner foreskin, 50% Outer depending on focus

How It Works

Several things can be used for this Foreskin Restoration method, but whether it is a 35mm film tube, a length of plastic plumbing pipe, or other cylindrical device, the basis is the same. In the Pill Tube method, a cylinder is placed over the glans (head of the penis) where the shaft skin meets the head. The shaft skin is stretched over the object and taped in place. A tension is developed on the inner foreskin between the point where the tape is being applied, and point where the skin is pulled around the cylinder. Tension on the outer skin is also developed when the new foreskin is pulled over the cylindrical form, but can be greatly increased by using an external tugging strap.

To secure the shaft skin to the cylinder, several methods may be used:

- A) Tape on Tube: In this method, a ring of surgical tape (Blenderm, Transpore, Micropore...) ½” to 1” wide is wrapped around the whole diameter of the tube, sticky side up. Small tape tags could be used to secure this tape ring to the tube. Alternately the tape can be secured to the tube by folding over ¼” of the tape and attaching it the tube before unrolling the tape. The tube is placed over the glans, and the mobile shaft skin is brought up to meet the sticky ring of tape. The skin is placed and stretched evenly around the tape ring until all sides of skin are pulling evenly. If there is not enough adhesive to keep the skin in place, an additional ring of tape can be placed (sticky side down) over the skin / cylinder meeting point.



Tape On Tube



Fit Glans

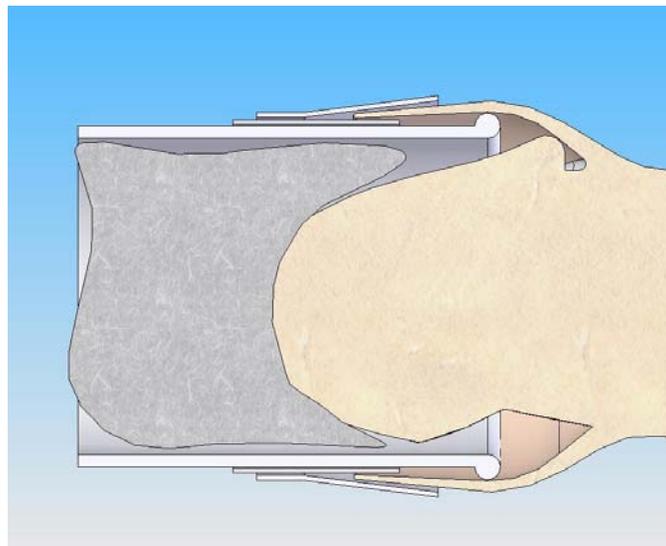


Move Skin Forward Over The Sticky Side Of The Tape

- B) Tape on Skin: With practice, the cylinder can be placed over the glans, and the skin can be pulled up and taped to the tube simultaneously.



Secure Skin With Second Tape



Cross-Section: With Packing Material

Once the skin is securely in place, the assembly can either be used as-is, or additional packing may be used to further focus on the inner skin, or straps can be used to focus on the outer skin.

Packing Material

When taped, additional tension can be added to the inner foreskin by stuffing the interior of the tube with material, and pushing against the glands from the inside of the tube. As more material is ‘packed’ into the tube, more pressure is exerted on the glans, and more tension is applied to the inner foreskin. Facial tissue, foam, batten, or fabric are packing material options. The material can be held in place by an additional edge to edge piece of tape over the open end of the tube, or if suitable, the container’s original lid.

Straps

Additional elastic strapping can be used to create an external stretching force on the whole tube / skin assembly. This is usually something built around using suspenders (braces: UK) as an elastic strap, attaching one end to the restoration device and the other end to either the leg or the chest. The tension applied when the elastic strap is stretched is directly transferred to the restoration device. This tension is almost exclusively applied to the outer foreskin, and is a good way to focus on that area. It is suggested that a good quality strap is used and it should be no more than 1” wide. This method is best used by someone who is in one position most of the day. If properly tensioned while standing, there will not be enough tension while seated, and if properly tensioned while seated, there may be too much while standing.

Tips / Tricks

- The tension on the inner and outer skin can be adjusted
- For men with some or all of their Frenum still intact, a v-shaped groove may need to be made in the cylinder at the bottom to accommodate the frenum without rubbing.
- NOTE: Make sure that the edges of both the cylinder and the v-groove are sanded round to reduce risk of pressure points / skin abrasion.
- If using an external tensioning strap, consider the use of a large o-ring worn at the base of the penis behind the testicles to prevent ‘bridging’ or pulling forward of scrotal and abdominal skin. This bridging reduces the actual tension stretching the shaft skin with respect to the total applied tension.
- Cut ends of strapping should be sealed to prevent fraying. Heat bonding, folding/sewing or a line of soaked-in glue can keep the fibers from pulling.

We will try to update both the text and illustrations in this document as they become available. Please check back periodically for updates.

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